

Department Requirements (Total Department Units: 34-35)

2010-11 Course No.	Previous Course No.	Title <small>applies to SBCC GE areas</small>	Units	Institution & Course No.	Grade	Units (s/q)	Term
• ADC 120*+	(none).....	Alcohol & Other Drugs: History, Dynamics & Models	3.0				
• ADC 121*+	(none).....	Basic Interviewing and Counseling Skills.....	3.0				
• ADC 122*	(none).....	Pharm & Physiol Effects of Alcohol & Other Drugs.....	3.0				
• ADC 123*+	(none).....	Group Treatment	3.0				
• ADC 124*	(none).....	Chemical Dependency and the Family	3.0				
• ADC 125*	(none).....	Co-Occurring Disorders I: Recognition & Referral.....	3.0				
• ADC 126*	(none).....	Treatm & Case Mgmt of the Chem-Depend Individual....	4.0				
• ADC 152.....	(none).....	Clinical Process	3.0				
• PSY 100.....	(PSYCH 1/100)...	General Psychology ^B OR	3.0				
PSY 100H.....	(PSYCH 100HR)....	General Psychology, Honors ^B	4.0				

* Acceptable substitutions are as follows: ADC 100 will substitute for ADC 120; ADC 101 will substitute for ADC 121; ADC 102 will substitute for ADC 122; ADC 107 will substitute for ADC 123; ADC 108 will substitute for ADC 124; ADC 112 will substitute for ADC 125; and, ADC 105 & 106 OR ADC 106 & 116 will substitute for ADC 126.

+ ADC 120 and 121 should be taken before other ADC counseling courses (i.e., ADC 123, 124, 126).

Required Alcohol and Drug Counseling Elective Course/s: Choose any one of the following combination of courses for a total of 3 units:

• ADC 111.....	(none).....	Substance Abuse and Society	2.0				
• ADC 116.....	(none).....	Law & Ethics: Essentials for Alcohol & Drug Counselors	1.0				
• ADC 117.....	(none).....	Motivational Interviewing.....	1.0				
• ADC 118.....	(none).....	Relationships in Recovery	1.0				
• ADC 119.....	(none).....	Finding Your Authentic Voice	1.0				
• ADC 127.....	(none).....	Complem Treat: Auric Accup, Nutr & Amino Acid Ther	1.0				
• ADC 130#.....	(none).....	Div & Cultural Issues in Couns: Id, Expr & Addiction	3.0				
• ADC 131#.....	(none).....	Attitudes, Motivation and Behavior Change	3.0				
• ADC 132#.....	(none).....	Substance Abuse and Adolescents.....	3.0				
• ADC 133#.....	(none).....	Anger Management and Family Violence.....	3.0				
• ADC 134#.....	(none).....	Co-Occurring Disorders II: Mgmt and Treatment	3.0				
• ADC 136.....	(none).....	Eating Disorders I	1.0				
• ADC 137.....	(none).....	Conflict Resolution	1.0				
• ADC 138.....	(none).....	Multiple Sexual Addictions	1.0				
• ADC 139.....	(none).....	Introduction to Process Addictions.....	3.0				
• ADC 141.....	(none).....	Integral Treatment Modalities.....	1.0				
• ADC 144.....	(none).....	Alternative Treatments, The Firemaker Method	1.0				

Acceptable substitutions are as follows: ADC 103 will substitute for ADC 130; ADC 109 will substitute for ADC 131; ADC 110 will substitute for ADC 132; ADC 113 or ADC 114 will substitute for ADC 133; and, ADC 115 will substitute for ADC 134.

Required Behavioral Science elective: Choose any one of the following courses:

• PSY 130.....	(PSYCH 3/130)...	Personality Dynamics and Effective Behavior ^B	3.0				
• PSY 170.....	(PSYCH 170)	Abnormal Psychology ^B	3.0				
• SOC 101	(1).....	Introduction to Sociology ^B OR	3.0				
SOC 101H.....	(none).....	Introduction to Sociology, Honors ^B	3.0				
• SOC 103	(3).....	Marriage, Family and Intimacy ^{B,E5}	3.0				
• SOC 104	(4).....	Social Psychology ^B	3.0				

Recommended course:

• ADC 140.....	(none).....	Recovery through Movement	0.5				
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Associate Degree Graduation Requirements: (1) Complete all department requirements with a “C” or better in each course. Candidates for an Associate Degree are also required to complete at least 20% of the department requirements through SBCC. Pass/No Pass grading is not permitted in those courses needed to fulfill department requirements; (2) Complete at least 18 units of General Education Requirements ([Areas A-D](#) of the SBCC General Education pattern); (3) Complete the SBCC Institutional Requirements ([Area E](#)); (4) Complete the Information Competency Requirement ([Area F](#)); (5) Complete a total of 60 degree-applicable units (SBCC courses numbered 100 and higher); (6) Maintain a cumulative GPA of 2.0 or better in all units attempted at SBCC; (7) Maintain a cumulative GPA of 2.0 or better in all college units attempted; and (8) Candidates for an Associate Degree are required to complete 15 units through SBCC.

Additional Program Information

For further information, contact the Counseling Center, 965-0581, Ext. 2285 or Gordon Coburn, Department Chair, 965-0581, Ext. 3021. Check your degree progress with DARS U-Achieve at www.sbccc.edu/DARS.

SBCC AA/AS Degree Graduation Requirements (Must complete I, II and III below)



Santa Barbara City College

Alcohol and Drug Counseling

2010-11

Associate in Arts Degree in Alcohol and Drug Counseling

The ADC program offers a Certificate of Completion and an Associate Degree. A Skills Competency Award: Post-Professional Practice in Alcohol and Drug Counseling is also available for licensed clinicians and other qualified professionals seeking expertise in the field of addictions counseling.

The Alcohol and Drug Counseling Program at Santa Barbara City College seeks to provide current education in the field of substance abuse/dependence. It is designed to provide students with the theoretical and practical training necessary to develop paraprofessional expertise in this field.

The goal of the ADC Program is to instill in our students basic knowledge and skills in counseling, pharmacology and physiology, case management, legal and ethical issues, cultural diversity awareness, co-occurring disorders, and family issues of those afflicted with substance abuse or dependence.

The required fieldwork component affords students hands-on supervised experience working at facilities dedicated to the treatment of alcohol and drug dependence.

ADC certificate recipients may be employed by inpatient and outpatient treatment clinics, transitional housing centers, mental health clinics, shelters, detoxification units, crisis intervention centers, incarceration facilities, and prevention programs.

SBCC: Your Open Door to Educational Excellence

I. General Education, Institutional & Information Competency (Institution & Course Number)	Grade	Units (s/q)	Term
A-D. General Education Requirements**			
A. Natural Sciences with Lab			
B. Social and Behavioral Science			
C. Humanities			
D. Language and Rationality			
D-1. English Composition			
D-2. Communication and Analytical Thinking			
E. SBCC Institutional Requirements**			
E-1. Mathematics			
<i>Plus complete three out of the four areas listed below (E2-E5)</i>			
E-2. American Institutions			
E-3. Physical Education/Health Education			
E-4. Oral Communication			
E-5. Multicultural/Gender Studies			
F. Information Competency Requirement**			

**For specific course, unit and grade requirements see the General Education, Institutional and Information Competency Requirements handout available in the Counseling department or visit <http://www.sbcc.edu/apply/files/gereq.pdf>.

II. Unit and Grade Point Average Requirements: Refer to Graduation Requirements on the other side of this document.

	<i>Total Semester Units Attempted</i>	<i>Total Semester Units Completed</i>	<i>Grade Points</i>	<i>GPA</i>
SBCC				
Transfer				
Total				

- III. Residency Requirements:**
- 1) 15 units completed through SBCC? Yes No
 - 2) 20% of Department Requirements completed through SBCC? Yes No

IV. Department Requirements: Refer to the other side of this document for a list of required courses. Were all department requirements completed with a "C" or higher in each course? Yes No

Waivers/Substitutions: _____

Counselor Comments: _____

Student's name: _____ Student ID: K _____

Counselor's Name: _____ Code: _____ Date: _____